

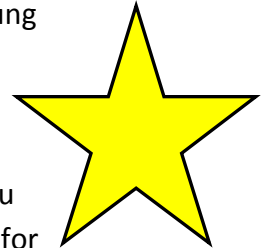
Stars Prayer

Beforehand

Suitable for; all ages in the community but it will work particularly well with young people and even more so with the young end of secondary school age.

Purpose/aim; This prayer focuses on the gifts and talents God has given us and the ability he has given us to reflect the light and glory of Christ.

Ideal use; a night prayer at the end of a youth group/confirmation session. If you are able to start it outside with a good clear view of the stars, then move inside for the activity in the prayer, even better.



Resources;

- Bowl of water (per 10 people)
- A star for each person – according to the template below and big enough to be written on then folded.
- Pen for each person
- CD player and tranquil music.

The prayer

Stars are amazing! The light that comes from the stars is so penetrating that it reaches parts of space that have never had light before...it reaches every part of the universe.

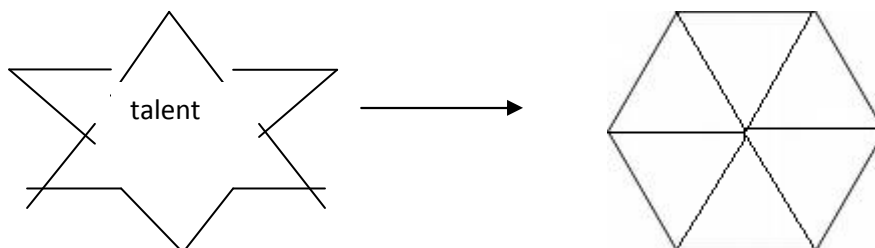
We are stars; we shine brightly and light up any dark corner. Like the billions of stars in the sky God created, he too created us to shine like those stars.

Take a star and pen which is in front of you...

On your star write down a talent or gift you have that makes the world shine when you use it.
Pause to allow for each person to do this.

Sometimes the stars are covered by fog or cloud, we can't see their light. That happens to us. If someone puts us down or we stop believing in ourselves then we hide our gifts, we hide our inner beauty, the beauty of God's creation.

Fold in the corners of the star into the centre, covering your talent, to represent us covering up our talents.



But we shouldn't let others cover our light up, we should never be afraid to shine. Every single gift we have inside us is unique and beautiful and deserves to shine out.

If you place your stars in the water with the points facing up...and see what happens.

Pause to allow for each person to do this is turn.

Scripture:

'Do everything without complaining or arguing. Then you will be innocent and without any wrong. You will be God's children without fault. But you are living with crooked and evil people all around you, among whom you shine like stars in the dark world...'

Phillipians 2: 14-16

Always let your gifts, your talents, your inner beauty shine through....you are all beautiful stars...that shed light into the darkest corners.

Let's spend a moment in prayer thanking God for the gifts and talents he gives us.

And let's end with the sign of the cross.