

Footprints (variation)

Set up: **For each group:** for each group or for every 7 young people there will need to be a tray of sand, Try to make a display out of the tray by using cloth around it.

For you: Bible (Joshua 1: 9)
Footsteps story
Reflective music to come into and play during action.

Welcome, we'll begin our prayer by asking God to be with us by using the sign of the cross.

Tonight we are focusing on the idea that God is always with us, no matter what worries there are in our lives God will always stand with us. For those worries we always tend to rely on ourselves to sort it out, or our friends, our families, our teachers. But sometimes, just sometimes we have to rely on something bigger, bigger than ourselves, bigger than our friends, we have to rely on God.

There is a great story called footprints, a while back Leona Lewis released it as a song but has been around for a lot longer and it goes like this

Footprints (up until "I don't understand when I needed you the most you would leave me")

The story continues but I'll tell you that later, for know what we are going to do, is that we are going to focus on our worries..

(little pause)

Focus on one of those worries in particular and we'll offer that up to God by writing the worry into the sand, so when you are ready begin to write one word or a symbol that represents your worry.

(pause, giving them time to write in the sand, play the reflective music)

(When you feel like everybody is ready or finishing and are getting quiet just begin telling the rest of the story from "the lord replied")

The sand can be shaken and washed away and our worries will seem to disappear but they never really leave us unless we realise that God is walking in the same paths as us, the same paths as our worries.

There is a book in the bible called Joshua it comes as the first book which describes the escaping slaves gaining land. At the time it was unimaginable that anything could happen on that Land but Joshua talked to god like we have tonight, and God said to him...

Scripture: Joshua 1: 9

God will help us to do great things, but only if we remember that no matter where we go he is always with us. And if we feel so very low and very scared, its those times that God carries us.

So we'll end by calling God to be with us, In the name of the Father, Son and Holy Spirit.